

Mission Statement

“The main objective of An Coimisiún le Rincí Gaelacha is the preservation and promotion of Irish Dancing, including step dancing, ceili dancing and other team dancing. While of course its main function is the promotion of Irish dance, An Coimisiún is proud of working in association with Conradh na Gaeilge in promoting all aspects of our culture including the use and promotion of the Irish language”

1. Introduction

It must be noted that any person found to be in breach of a Rule/s contained herein, will be subject to penalty as determined by An Coimisiún

- 1.1.1** *The title of these Rules is “Rules of An Coimisiún le Rincí Gaelacha (Teachers and Adjudicators) 2013”*
- 1.1.2** *The “Rules of An Coimisiún le Rincí Gaelacha (Teachers and Adjudicators) 2013” replace any previous rules and shall take effect from 1st January, 2015*
- 1.1.3** *In these Rules “teachers and adjudicators” means teachers and adjudicators who are registered with An Coimisiún.*
- 1.1.4** *An Coimisiún le Rincí Gaelacha is committed to ensuring that Irish dancing instruction and adjudication is provided at the highest level.*
- 1.1.5** *All registered teachers and adjudicators must work towards his/her commitment within the context of fairness and equal opportunity to all their pupils.*
- 1.1.6** *All registered persons must conduct themselves in a manner that enhances the image of An Coimisiún le Rincí Gaelacha and comply fully with the Social Media Guidelines for all Registered Teachers/Adjudicators and Members of CLRG (Passed May 2011)*
- 1.1.7** *An Coimisiún shall issue an official version of these Rules in English and in Irish, but should any variation in meaning arise between the text of the Rules in Irish and the text of the version in English any necessary decision shall be taken on the basis of the Rules in Irish.*
- 1.1.8** *Where in any Rule the masculine pronoun occurs it shall be taken as implying the feminine as well unless the Rule clearly specifies otherwise.*
- 1.1.9** *Unless a Rule clearly specifies another meaning in the context of that Rule, in these Rules*
 - (1)** *An Coimisiún means*
 - (a)** *An Coimisiún le Rincí Gaelacha or*
 - (b)** *the Buanchoiste (“Executive Committee”) of An Coimisiún or a committee or a subcommittee or officer or member of An Coimisiún acting under specific authority formally delegated to that Buanchoiste, committee, subcommittee, officer or member of An Coimisiún.*
 - (2)** *a member of An Coimisiún means a person*
 - (a)** *nominated by Conradh na Gaeilge or*
 - (b)** *elected by registered adjudicators and teachers or*
 - (c)** *nominated or elected by certain bodies authorised to carry out the functions of*

- (d) *An Coimisiún in countries outside Ireland and Great Britain, or co-opted by members mentioned at (a) and (b) in accordance with the Constitution of An Coimisiún to be a member of An Coimisiún for the current year.*
- (3) *A “Region” means a geographical area specified as a Region by An Coimisiún.*
- (4) *A “Regional Council” means a subcommittee of An Coimisiún established by it to carry out certain functions of An Coimisiún within a specified Region.*
- (5) *A “Registered Cumann” means a dancing club or group currently registered in accordance with the Rules of An Coimisiún as a Cumann permitted to make entries in certain competitions.*
- (6) *“Organiser” means*
(a) an organisation, club, committee, group of persons, or persons who hold, or seek permission to hold, dancing competitions under the Rules of An Coimisiún or
(b) persons acting or working on behalf of such organisation, club, committee, group of persons or persons in the organisation and running of dancing competitions.
- (7) *A “Regional Authority” means*
(a) In the case of Ireland and Great Britain the Regional Council (if in existence), or in a region without a Regional Council a recognized Teachers’ Association or another committee to which An Coimisiún is prepared to delegate the appropriate authority;
(b) In the case of the United States of America and Canada, the Irish Dance Teachers’ Association of North America (I.D.T.A.N.A.) or the North American Feis Commission (N.A.F.C.) depending on the matter concerned;
(c) In the case of Australia, the Australian Irish Dancing Association (A.I.D.A.) and in New Zealand the Traditional Irish Dance Association of New Zealand (T.I.D.A.N.Z.)
d) In the case of Mainland Europe, Registered Teachers of Mainland Europe (RTME)

2. Rules of An Coimisiún le Rincí Gaelacha

2.1 Adjudicators and Teachers

- 2.1.1** *In order to enter pupils in all CLRG sanctioned events , a person must be in the first instance, registered and in good standing with An Coimisiún le Rincí Gaelacha as a TCRG/ADCRG*
- 2.1.2** *In order to adjudicate all CLRG sanctioned events , a person must be in the first instance, registered and in good standing with An Coimisiún le Rincí Gaelacha as an ADCRG*
- 2.1.3** *In order to enter teams in competition for Ceilí and Figure Dance a person must in the first instance be registered with An Coimisiún as a TMRG/TCRG/ADCRG*

2.2 Rules regarding Registration

- 2.2.1** *To be eligible for registration with An Coimisiún as an adjudicator a person must first be a current holder of the Higher Diploma of An Coimisiún (A.D.C.R.G.) as provided for in these Rules.*

- 2.2.2** *To be eligible for registration with An Coimisiún as a dance-teacher qualified to teach both step-dancing and ceili dancing a person must first be a current holder of the Teacher's Certificate of An Coimisiún (T.C.R.G.) as provided for in these Rules.*
- 2.2.3** *To be eligible for registration with An Coimisiún as a qualified teacher of ceili dancing a person must first be a current holder of the Ceili Dancing Teacher's Certificate of An Coimisiún(T.M.R.F.) as provided for in these Rules.*
- 2.2.4** *A TCRG/ADCRG/TMRF, who allows his/her registration to lapse, will, if accepted for re-registration, be subject to a re-joining fee of €100.00. Effective from 1st March 2013. (Passed February 2013)*
- 2.2.5** *"A person, who is a qualified ADCRG with An Coimisiun, but who fails to register with An Coimisiun for a period of 3 consecutive years, will, following subsequent application for re-registration, be subject to the restrictions referred to in Rule 5.4, as well as all Oireachtais and Major Championships as defined by An Coimisiun. (Passed Dec 2011)*
- 2.2.6** *A fine of €500.00(or the equivalent in other currencies) will be imposed on any person registered with An Coimisiún, who fails to disclose any pertinent information on their registration form (or during that year of registration) regarding workshops, dance camps, etc. and that further, he/she will not be allowed to put his/her name forward for election for one term (i.e. two years) for membership or officer-ship of An Coimisiún, Regional /Provincial Council, Executive Board or other relevant committees. (Passed 26th April 2009 - amended 15th May 2010. Effective from 15th May 2010)*
- 2.2.7** *Failure to comply with the Vetting Policy of An Coimisiún Le Rinci Gaelacha will bar any person from registration and from having any relationship with its activities throughout the world.*

2.3 **Examinations**

- 2.3.1** *An Coimisiún shall establish an Examination Authority ("An Udarás Scrúdaithe") to administer examination affairs on behalf of An Coimisiún.*

The membership, responsibilities and duties of that Authority are prescribed in paragraphs 2.6.1. to 2.8.1 below.

2.4 **Board of Examiners**

2.4.1 *A Board of Examiners consisting of individuals suitable to serve as examiners shall be established in accordance with paragraphs 2.6.1 to 2.8.1.below. From this Board will be selected the persons to form the examination panel when an examination is being arranged.*

2.5 Grade Examinations for Dancers

2.5.1 *Any member of the Board of Examiners may be chosen to act as examiner on dancers' examinations, but An Coimisiún will also establish a panel of Grade Examiners for dancers.*

2.5.2 *Any request for a Grade examination to be held must be submitted by a TCRG/ADCRG or Regional Authority (Passed Jan 2012)*

2.5.3 *Grade Exams, up to and including Grade 10, must be examined by at least 4 different Grade Examiners plus 2 different SDCRG examiners for Grades 11 and 12. (Passed Jan 2012)*

2.6 The Examination Authority: Membership

2.6.1 *The membership of the Examination Authority will be as follows-*

- (1) *The Cathaoirleach (Chairperson) of An Coimisiún*
- (2) *Eight examiners elected at the AGM of An Coimisiun (Passed May 2011)*
- (3) *Three members of An Coimisiún elected at the A.G.M. of An Coimisiún who are neither currently examiners nor candidates for appointment as such, either at the time of nomination to the Authority or during their term of membership of the Authority.*

2.6.2 *An Coimisiún will elect the Cathaoirleach of the Examination Authority at the A.G.M. of An Coimisiún.*

2.7 The Examination Authority: Duties and Responsibilities

2.7.1 *The Examination Authority will, within the rules and directives of An Coimisiún, arrange and organise the Coimisiún examinations for Scrúdaithéoir (Examiner) the A.D.C.R.G. (Adjudicator), T.C.R.G. (Teacher) and TMRF (Ceili Teacher) Certificates. In fulfilling this responsibility the Authority will be responsible for: -*

- (1) *Fixing of examination dates*
- (2) *Selection of examination venues*
- (3) *Arrangement of timetables*
- (4) *Selection of examination boards from the panel of examiners (in the choosing of examiners every reasonable effort shall be made to ensure that over a period of time, taking into account experience, ability, costs etc. members of a panel receive a fair share of examination work).*
- (5) *Engagement of musicians*
- (6) *Specifying of closing dates for application*
- (7) *Confirmation and notification of examination results*

(8) Any other examination arrangements.

2.7.2 The Examination Authority shall, when necessary, make recommendations to An Coimisiún concerning the following aspects of the teacher and adjudicator examinations.

- (1) Conditions of entry
- (2) Examination syllabi
- (3) Systems of examination
- (4) Qualifying marks
- (5) Examination fees of candidates
- (6) Rates of remuneration of examiners

The Coimisiún itself shall make the final decisions in these matters.

2.7.3 The Examination Authority shall be responsible for certifying all examination results.

2.7.4 The Examination Authority shall provide a regular report to An Coimisiún on the work of the committee in the previous quarter and its future plans. As well, within a reasonable time following an examination the Authority shall provide a meeting of An Coimisiún with details of the successful candidates and statistics of the number of candidates and the numbers of successes and failures.

2.7.5 The Examination Authority shall be responsible for the provision of comprehensive training for new examiners.

2.7.6 The Examination Authority shall have authority to recommend to An Coimisiún that entry to an examination be refused to any person considered unsuitable for registration with An Coimisiún as an adjudicator or teacher,

2.7.7 The Examination Authority shall co-operate closely with other committees and sub-committees of An Coimisiún, particularly those whose responsibilities and work are directly or indirectly connected with those of the Examination Committee,

2.7.8 The Examination Authority shall carry out any further duties that An Coimisiún may from time to time assign, including, but not limited to, the examination and recommendation to An Coimisiún of candidates for Temporary or Conditional/Associate Registration.

2.8 **Examination syllabi – rules and conditions.**

2.8.1 Examination syllabi will be available for the A.D.C.R.G., T.C.R.G., T.M.R.F. and Grade Examinations and will include all necessary information regarding them. The information will cover conditions of entry, examination fees, and examination sections and the requirements for each, systems and methods of examination, minimum qualifying marks, conditions for repeating examinations and any other information considered necessary by An Coimisiún.

The conditions, directions and information given in examination syllabi shall have the same standing and status as other rules of An Coimisiún and must be read and followed accordingly.

2.9 **Certification and Examinations Results.**

- 2.9.1** *As soon as feasible following an examination and when the examiners have completed their correction of papers etc. and their individual results are ready, a meeting of the Authority shall take place to certify the results. The results will then be communicated to the candidates without delay. When candidates have received their results details of the successful candidates will be sent to the appropriate Regional Authority and a report on the examination will be provided to An Coimisiún*
- 2.9.2** *An examiner, Coimisiún member, or an employee of An Coimisiún must not reveal the examination result of any candidate, or express an opinion as to the likely result, to any person until the result has been confirmed by the Examination Authority and notified to the candidate.*
- 2.9.3** *The actual marks obtained by candidates in any section of an examination are confidential to the candidate, the examiners, the Examination Authority and employees of An Coimisiún and must not be otherwise revealed except by the candidates themselves.*

2.10 The Irish Language and Examinations

- 2.10.1** *Candidates may take any sections of the examination (except the Irish section) in either the Irish or English language as they may so wish and must be facilitated accordingly.*
- 2.10.2** *A candidate permanently resident in Ireland must pass in the Irish language section as well as in the other sections of the examination concerned in order to qualify for the A.D.C.R.G., T.C.R.G. or T.M.R.F. Certificates.*
- 2.10.3** *In the case of adjudicators and teachers who have qualified for certificates without passing the Irish language section due to living abroad at the time of examination (and who later come to reside permanently in Ireland), such certificates shall not be valid for annual re-registration purposes after more than two years of the holders coming to live in Ireland until they take and pass the Irish section of the appropriate examination.*

Such adjudicators and teachers must therefore take the Irish language examination when required by An Coimisiún to do so. An Coimisiún may however at its discretion extend the two-year period in certain cases.

- 2.10.4** *In the marking of the Irish section some allowance may be made for candidates' ages and educational background.*
- 2.10.5** *An Udarás shall appoint an examiner for the Irish language section of the examination.*

3. Rules for Dancing Classes

In these Rules "Registered Teacher" means a person currently registered with An Coimisiún as a teacher. "The appropriate authority" means the Regional Council or, in a region without a Council, the committee, sub-committee, association, person or persons delegated by An Coimisiún to administer the Transfer Rules in the region.

3.1 Transfer/Restyling Rules

- 3.1.1** *When a new pupil joins a registered teacher's class and he/she has been the pupil of another registered teacher within the previous year, the dancing authority of the Region in which the pupil resides must be informed by the new teacher in writing.*
- 3.1.2** *Where there is no Regional Council the notification must be sent either to An Coimisiún itself or to the Authority (see Rule 3.1.1) appointed by An Coimisiún to deal with transfers in the Region.*
- 3.1.3.** *When a teacher receives dancers from another Organisation, they must notify their Regional Council. (Passed December 2011)*
- 3.1.4** *Where a pupil, formerly the pupil of a registered CLRG teacher, joins the class of another registered CLRG teacher, the new teacher must not enter that pupil in any registered competition until six months have elapsed (unless the pupil is allowed to compete by reason of Rules 3.1.5, 3.1.6, or 3.1.7). The six-month period will be calculated from the date on which notification of the pupil joining the new class is received in writing by the Regional Council or other appropriate authority.*
- 3.1.4.1** *Where a pupil leaves a CLRG teacher to go to another organization and returns to CLRG, they will not have a restyling period if returning to their original CLRG teacher. However if said pupil returns to a different CLRG teacher, the six month restyling period will apply.*

Where a dancer comes to a CLRG teacher from another Irish dance organization and has never attended a CLRG teacher's class, a restyling period may be imposed at the discretion of the new teacher. (Effective date 1st March, 2015)

- 3.1.5** *A teacher need not withhold a pupil from competition where the change of teacher occurs because of: -*
- (a) Death or retirement of former teacher.*
 - (b) Failure of former teacher to re-register with An Coimisiún where that teacher was the sole teacher in the School*
- 3.1.6** *A teacher may apply to the Regional Council or appropriate Authority for a pupil to be exempt from 3.1.4 because of:*
- (a) Significant change of place of normal residence of the pupil*
 - (b) Permanent closure of a dancing school normally attended by the pupil and where that school does not have another class within a reasonable distance of the pupil's home.*
- 3.1.7** *A teacher may apply to An Coimisiun for a pupil/pupils to be exempt from Rule 3.1.4 where extreme circumstances may indicate that such an exemption should be granted.*
- 3.1.8** *Where a pupil has not attended a class of a teacher registered with CLRG, or a registered teacher from any other Irish Dancing organisation for at least one year, that pupil need not be withheld from competition. A period of at least one year MUST have elapsed from the date on*

which the former pupil last attended the previous class. (Passed May 2013.....effective 1st June 2013)

- 3.1.9** *Where a Bun grad/Beginner dancer is one month or less in a class the Rule 3.1.4 (6 months) does not apply.*
- 3.1.10** *A transfer cannot be recognised unless a child attends the class of a new teacher.*
- 3.1.11** *Where a pupil is asked to leave a dancing school by the teacher, for whatever reason, the pupil's new teacher will be subject to Rule 3.1.4*
- 3.1.12** *Where a pupil leaves the class of a registered teacher (CLRG), joins the class of an Irish Dancing teacher (CLRG) in another region and later returns to his/her former teacher, Rule 3.1.4 does not apply.*

However. where a pupil leaves the class of a registered teacher (CLRG), joins the class of an Irish Dancing teacher (CLRG) in another region and later returns to the original region but joins another registered teacher (not his/her former teacher) Rule 3.1.4 will apply

- 3.1.13** *If a pupil leaves the class of one registered teacher, goes to the class of another registered teacher, and later returns to the class of the original teacher, Rule 3.1.4 applies as this is considered to be two moves.*

3.2 Inclusion of dancers resident outside of the region in céilí and figure dancing teams.

The regulations relating to the above are as follows: -

- 3.2.1.** *Where a team is comprised of dancers resident in more than one region the team must dance in the region in which the majority of the team resides.*
- 3.2.2.** *Where a team consists of equal numbers of dancers from two different regions the team shall dance in the region of the teacher's choice.*
- 3.2.3.** *The above concessions can be availed of only where it is required in order to make up a team which otherwise would not be able to compete i.e. the concession must not be used by a teacher in order to maximise his/her entry. This in effect means not more than one team from the same school can include out-of-region dancers in the same competition.*
- 3.2.4.** *The concession outlined above cannot be utilised by a teacher in order to permit a dancer to compete in céilí or figure dance competition in the same age group in two different regions.*
- 3.2.5.** *Dancers from another region may be utilized by a teacher only when he/she has included in their team all suitable dancers from their class who are resident in the region.*
- 3.2.6.** *The members of a team must be pupils of the same school of dancing. A dancer may be borrowed with the consent of An Coiste Oireachtaisí, only in an emergency, ie injury or illness, which occurs during the actual Oireachtas. A formal application must be made in writing to An Coiste Oireachtaisí, for the above. (Passed January 2012)*

3.3 Teacher's attendance at class

- 3.3.1** *A registered teacher must be present at all classes. In extenuating circumstances, the teacher may apply to the Regional or appropriate Authority for exemption from this Rule.*
- 3.3.2** *In a remote area where there is no registered teacher, permission may be sought from the Regional Council or appropriate Authority for exemption from Rule 3.3.1. Such exemption, if recommended by the Regional Council, must:*
- *be ratified by An Coimisiún*
 - *is for the duration of one registration year only*
 - *and must be reapplied for annually.*
- 3.3.3** *Dancers/pupils who teach independently, or in contravention of this decision, are not entitled to compete at registered competitions, which include Regional and National Oireachtais, as well as Oireachtas Rince na Cruinne.*

3.4 Joint Dancing Schools

- 3.4.1.** *For the purpose of these rules a joint dancing school is a school in which two or more registered teachers are teaching. The rules apply to all members of classes taught by any teacher in the class, and are not restricted to the pupils taught jointly.*
- 3.4.2** *Registered teachers forming a joint school are expected to register as such, by notifying An Coimisiún and the Regional Council or appropriate body and supplying the following information:*
- (a) *Names of registered teachers in the establishment*
 - (b) *Date of establishment of the joint school*
 - (c) *Title of the joint school*
 - (d) *The registered teacher(s) who will be teaching pupils of the joint school.*
- 3.4.3** *Where two or more registered teachers are teaching a joint school, and one or more of them decides to leave the class and terminate the relationship, the pupils of the school may:-*
- (a) *Remain with any of the registered teachers previously in the joint school. In this instance, Rule 3.1.4 will not apply.*
 - (b) *Move to another registered teacher. In this instance, Rule 3.1.4 will apply. (Passed March 2012)*
- If a pupil leaves the class of one of these registered teachers and goes to the class of another registered teacher, and later returns to the class of the original teacher, Rule 3.1.4 applies as this is considered to be two moves*
- 3.4.4.** *Written notification of the termination of the joint school must be given to all pupils of the school:*
- (a) *Citing the Rule 3.4.3 in its entirety*
 - (b) *A copy of the written notification must be forwarded to both An Coimisiun and the relevant Regional Council/Authority*
- 3.4.5** *If a pupil leaves the class of one of the registered teachers from the former joint school, and later returns to the class of another registered teacher from the original joint school, Rule 3.1.4*

applies as this is considered to be two moves

3.5 Class Insurance

When registering a dancing school with An Coimisiún teachers are required to produce evidence that they are covered for Public Liability Insurance.

3.6 Association of Teachers

For the purpose of association, the definition of a teacher is any person who has taught Irish dancing to a pupil in a registered teacher's or teachers' class in the last two years.

3.6.1 *Where a person teaches in more than one teacher's or teacher's class only the teacher/teachers giving and receiving the workshop are associated.*

3.6.2. Registered teachers can only terminate an association as follows:

(a) written notification of termination to be sent to the regional authority and to An Coimisiún le Rincí Gaelacha and

(b) written notification of termination to be sent to all schools involved.

If said individual is an ADCRG, rules pertaining to adjudication restrictions still apply.

4. Rules for Dancing

4.1 Steps

4.1.1 *Steps must not include "triple clicks" or clicks of an order higher than triple.*

4.1.2 *"Double clicks" are permitted when completed in isolation but a series of successive double clicks is not allowed.*

4.1.3 *Teachers, when composing steps are urged to include traditional foot movements such as cross keys, drums, boxes and rocks.*

4.1.4 *In all heavy dances, the leads must be performed on both right and left foot.*

4.2 Composition and Dimensions of Dancing Shoes

4.2.1 *The heel and its "top piece" must consist only of leather, leather composite, plastic or fiberglass, or a combination of these materials.*

4.2.2 *The heel and its top piece must not contain any metal components or attachments other than nails or screws to attach the heel to the shoe or the top piece to the heel.*

4.2.3 *Where nails are used to attach the top piece to the heel they must not exceed 25% of the total surface area of the top piece.*

4.2.4 *The maximum permissible height of a heel from the surface of the top piece to the point where the heel joins the upper of the shoe is 1.5 inches. (This height includes both heel and top piece*

and is measured to the back of the upper of the shoe).

- 4.2.5** *A certain amount of tapering from where the heel joins the upper of the shoe to where it joins the top piece is permissible (i.e. the heel may be broader at the top than at the bottom) but such tapering must be at a constant angle, i.e. the side of the heel must not be curved and no protrusions from the side or back of the heel is allowed.*
- 4.2.6** *It is possible, indeed probable, that in the future new construction techniques for shoes will evolve and/or new materials become available which will require a review of these directives. However, at no time in the future should new materials other than those listed above be used in shoes, or any divergence from these directives is introduced without prior authorization being sought from An Coimisiún.*
- 4.2.7** *For heavy rounds in competitions, dancers may not wear soft shoes that have been altered with the addition of heels and tips in an attempt to turn them into hard shoes. Dancers found to be wearing such altered shoes for heavy rounds may be denied access to that round of the competition. (Effective January 1, 2015)*

4.3 Artificial Carriage Aids

- 4.3.1** *Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.*
- 4.3.2** *Any competitor found to be altering their shoes or wearing them on the wrong feet will be treated in the same manner as if using carriage aids, and be subject to disqualification from that particular competition.*
- 4.3.3** *In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.*

4.4 Costume Rules

That costumes or costuming be defined as any element of performance / presentation clothing worn by a dancer in the course of a competition, including, but not limited to, dress, waistcoat, trousers, shoes, headwear, capes, shawls, socks, underwear and make-up.

The following are new / clarified rules coming from the September 2015 CLRG meeting:

4.4.1 New Effective September 2015

Costume length: Length of costumes must adhere to principles of modesty, and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may use the Costume Infraction (Tick Box) Program in order to flag the dancer and ensure the teacher is notified. As the

Costume Infraction Program is used for ALL costume violations, adjudicators wishing to specify length as the infraction can write the letter 'L' in the Tick Box column.

- 4.4.2** *Necklines must be at collarbone level or above. This does not preclude the use of alternative fabrics, e.g. lace, as an inset.*
- 4.4.3** *Costumes must consist of full front, side and back sections. Cut-away styles, without a full skirt backing, are not acceptable.*
- 4.4.4** *In order to protect dancers from hazardous objects on stage while competing, costumes may not be decorated with feathers.*
- 4.4.5.** *Dance Drama costumes must be in keeping with the theme of the story portrayed.*
- 4.4.6.** *Competitors in all age groups, up to but excluding Meangrad (Intermediate), may only wear traditional class costumes or long / short-sleeved blouses / polo tops and skirts / tunics that conform to the regular costume length rules as above. Low-cut tops and short, tight skirts are not permitted.*
- 4.4.7.** *Where chiffon or lace material is used as sleeves, the sleeves must start at the shoulder line and end at the cuff.*
- 4.4.8.** *Costumes for both boys and girls should not include representations such as globes, medals or any other item symbolic of an award having been achieved*
- 4.4.9.** *All forms of dance school identification, be it by sign, shape, colour-piece, logo or symbol, initials and/or name be banned from all solo costumes worn by any competitor in any competition.
(Effective January 1, 2015)*
- 4.4.10** *Appropriate underwear, covering the midriff, must be worn. (See the section on underwear for details.) Where tights are worn, they must be of a denier of not less than 70.*
- 4.4.11** *Body suits should be of premium fabric and not showing the body contour in detail. Recommended fabrics include: velvet and lycra. See the attached illustrations for details.*
- 4.4.12** *Skirts worn over bodysuits should be the same length as full costumes and sit at the dancer's mid-thigh at the back, with sufficient material to allow for movement when raising the leg. Tight sport skirts or gym skirts are not suitable. Wrap-around skirts should be secured with a pin.*
- 4.4.13.** *That all personal initials and any other name form which leads to personal identification be banned from solo costumes. Failure to comply may result in a dancer being denied the opportunity to compete at any event. (Effective 1st January 2015)*

- 4.4.14.** *Costumes should have traditional themes and cartoon characters are not permitted. (Effective 1st January 2015)*
- 4.4.15.** **Female Adult Dancers** *participating in Adult competitions entitled "Adult Competitions" both solo and teams are required to wear tights of a denier not less than 70.*
- 4.4.16.** *Boys/Men's costuming must adhere to principles of modesty, and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to lack modesty may use the Costume Infraction (Tick Box) program in order to flag the dancer and ensure the teacher is notified.*

4.5 **Make-up**

- 4.5.1** *Make-up will not be permitted for any dancer in the first two grades (Bungrád and Tusgrád or equivalent) up to and including the under 12 age group worldwide.*
- 4.5.2** *Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. (Effective March 1, 2014).*

Clarification:

Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers competing in a team that is entered Under 12 may wear make-up or at a feis where the youngest Open Championship age group is Under-11, then all dancers in that competition may wear make-up.

4.6 **Toe Movements**

- 4.6.1** *No block, en Pointe movements, stationary or moving, are allowed to be performed for all ages up to and including the under 12 age group.*
- 4.6.2** *However dancers who are moving into the under 13 age group in January will be permitted to do block / en-Point work from September 1st of the year prior to this date. For Regions in the Southern Hemisphere a different date may be applied in the case of this rule, on the advice of the appropriate Authority*

4.7 **Metronomic Speeds**

The minimum speed for all set dances in Jig time to be 66 and in Hornpipe time it will be 76

- 4.7.1** *The following speeds will be played at all registered feiseanna organized by An Coimisiún le Rincí Gaelacha throughout Ireland with a view to introducing them globally. (Effective April 2006)*

1.	Reel	Bun Grád	122-124
2.	Light Jig	Bun Grád	116
3.	Single Jig	Bun Grád	124
4.	Slip Jig	Bun Grád	124
5.	Heavy Jig	Bun Grád	96
6.	Hornpipe	Bun Grád	144
7.	Reel	Tús Grád	116 - 118
8.	Slip Jig	Tús Grád	120
9.	Heavy Jig	Tus Grád	82
10.	Hornpipe	Tús Grád	130
11.	Reel, Slip Jig,	Meán/Árd Grád	113
12.	Hornpipe	Meán /Árd Grád	113
13.	Heavy Jig	Meán /Árd Grád	73

Traditional Set Dances

<i>Blackbird</i>	144
<i>St. Patrick's Day</i>	94
<i>Job of Journeywork</i>	138
<i>Garden of Daisies</i>	138
<i>King of the Fairies</i>	130
<i>Three Sea Captains</i>	96
<i>Jockey to the Fair</i>	90

4.8 Photography at Feiseanna

Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden in competition, except in Beginner and Advanced Beginner categories (ie Bun and Tús Grád) are exempt from this ruling unless this is in contravention of the local laws of the region or country)

5. Rules for Adjudicating

5.1 Judging at registered competitions

5.1.1. *Only an ADCRG currently registered with An Coimisiún may adjudicate at a registered competition.*

5.1.2. *A registered ADCRG may not adjudicate at a competition, which is not registered with An Coimisiún, except where An Coimisiún has given express permission for this to happen*

5.1.3 *An ADCRG, SDCRG, TCRG, TMRF, a person granted Associate, Conditional or Temporary registration, a member of an Coimisiún or Regional Council, or a dancer of a registered teacher, may not compete in a non CLRG sponsored event or adjudicate, officiate, and give advice or guidance in any capacity to any other dancing organisation. This will include teacher and adjudicator exams, grade exams and workshops. A breach of this Rule will render a person liable to have their CLRG registration refused or revoked. Certain competitions recognised by An Coimisiún, e.g. Scór, are exempt from the*

provisions of this Rule

- 5.1.4** *An Coimisiún may grant derogation from 5.1.2. and 5.1.3 above where a written application has been made via Coiste Rialacha, and approved by An Coimisiún, for the holding of an Open Platform event, i.e. an event where the pupils of teachers registered with one or more organisations other than An Coimisiún will also be allowed to take part. Any such permission would be renewable on an annual basis.*

5.2 **Restrictions on adjudicating VIA RELATIONSHIP**

- 5.2.1** *An adjudicator must not judge ANY of the following relationships or ANY dancers who have been taught by the same relationships in the previous two years:
Spouse/Partner, Parent, Step Parent, Parent-in-Law, Step Parent-in-Law, Grandparent, Step Grandparent, Son, Step Son, Son-in-Law, Daughter, Step Daughter, Daughter-in-Law, Grandson, Step Grandson, Grandson-in Law, Granddaughter, Step Granddaughter, Granddaughter-in law, Brother, Step Brother, Half Brother, Brother In Law, Sister, Step Sister, Half Sister, Sister in Law, Fiance, Fiancee, Aunt, Aunt-in Law, Uncle, Uncle-in Law, Niece, Niece-in Law, Grandniece, Grandniece-in-Law, Nephew, Nephew-in Law, Grandnephew, Grandnephew-in-Law, First Cousin. (Effective date 1st January, 2015)*

5.3 **Restrictions on adjudicating VIA ASSOCIATION**

An adjudicator must not judge ANY of the following:

- 5.3.1** *Any dancer, (solo or team) whom the adjudicator, or a person acting on his/her behalf, has in the previous two years taught or coached, either in person or by video or other means, other than at a workshop open to all classes and organized by An Coimisiún or by one of its subsidiary bodies. (see Rules 5.3.1 to 5.3.3)*

NB: *Where a dancer has transferred from the class of an adjudicator, due to a change of residence as permitted under existing CLRG rules, and therefore does not serve a six months retraining period, the adjudicator will be exempt from the this ruling.*

- 5.3.2** *Pupils (solo or team) of a teacher who either himself/herself or a person acting on his/her behalf, has in the previous two years taught or coached, either in person or by video or other means, pupils (solo or team) of the adjudicator.*
- 5.3.3** *Pupils of a class whose members the adjudicator has in the previous two years assessed, either in person or by video, other than at an official Dancer's Certificate examination of An Coimisiún.*
- 5.3.4** *Any dancer (solo or team) who the adjudicator himself/herself has taught in the previous two years. This will include dancers who may no longer being taught by the adjudicator for whatever reason. However, a dancer who has transferred from the class of the adjudicator, and then subject to the six month suspension period, will be exempt from the above ruling, as in the interest of the child, and under the laws of natural justice, such dancer may not be subject to two separate rules running consecutively.*
- 5.3.5** *Any dancer (solo or team) whose teacher has in the previous two years assessed, either in*

person or by video, pupils of the adjudicator other than at an official Dancer's Certificate examination of An Coimisiún.

- 5.3.6 Any pupil of a school where the adjudicator forms part of a partnership, regardless of whether or not the adjudicator has at any time provided tuition to that dancer.
- 5.3.7 Any pupil of a dance class attended by the adjudicator's son/daughter, either while he /she is attending that class , or for **two years** after the son/daughter has left said class.
- 5.3.8 An Adjudicator, who teaches the children of another Registered Teacher/Adjudicator, will not be permitted to adjudicate the dancers of that Teacher/Adjudicator for two years after the children have left the class.

5.4 **General Restrictions on adjudicating**

- 5.4.1 An Adjudicator may judge only two primary/regional qualifying events in one year provided that the two events take place in two different countries.
- 5.4.2 An Adjudicator may only judge one "major" in any one dancing year.
 - (a) A dancing year for adjudication purposes is defined as being from the start date of the major event until the last day of the same event in the following year.
 - (b) the "major" events are defined as Oireachtas Rince na hEireann, Oireachtas Rince na Cruinne, British Nationals/Great Britains/All Scotland Championships (depending on year in which each is the secondary qualifier) and the North American Nationals.
- 5.4.3 When a DANCER is prohibited from entering a "major event" due to relationship or association conflicts arising from the employment of a particular adjudicator, the DANCER may not be prohibited from entering any other "major event" in the ensuing twelve months.
 - (a) Twelve months for the purposes of this rule is defined as being from the start date of the prohibited major event until the last day of the same event in the following year.
 - (b) the "major" events are defined as Oireachtas Rince na hEireann, Oireachtas Rince na Cruinne, British Nationals/Great Britains/All Scotland C'ships (depending on year in which each is the secondary qualifier) and the North American Nationals.
 - (c) In this case, the right of the DANCER to enter a "major event" will take precedence over the right of the adjudicator to officiate said "major event", even if the adjudicator in question is not the same party but an associated or related party to the first adjudicator mentioned herein.
- 5.4.4 An adjudicator must be registered with An Coimisiún two years immediately prior to Oireachtas Rince na Cruinne or Oireachtas Rince na hEireann in order to be eligible to make application to adjudicate. An adjudicator must also have judged at least one registered feis, which has included judging as a member of a panel of three or more adjudicators on a Championship event.
- 5.4.5. The restrictions imposed by An Coimisiún on newly qualified adjudicators (ADCRG) (see Rule 5.4.4) will apply to all persons formerly registered as such with another organization. whose applications for registration with An Coimisiún are successful.

- 5.4.6.** *A person, who is a qualified ADCRG with An Coimisiun, but who fails to register with An Coimisiun for a period of 3 consecutive years, will, following subsequent application for re-registration, be subject to the restrictions referred to in Rule 5.6, as well as all Oireachtais and Major Championships as defined by An Coimisiun. (Passed Dec 2011)*
- 5.4.7.** *An adjudicator can only adjudicate at Oireachas Rince na Cruinne or Oireachtas Rince na hÉireann once every five (5) years. Effective 1st January 2015.*

5.5 Workshops, Dance Camps, Shows

- 5.5.1** *The Association rule passed on 15/6/08 and amended on 21/6/09 will not apply to shows, to cultural events, cultural tours, folk festivals and full time college/University students.*
- 5.5.2** *Any Adjudicator involved in a show may not adjudicate any dancer involved in the same show for a period of two years.*
- 5.5.3** *Where a workshop is conducted by a registered ADCRG for another registered ADCRG or TCRG, the Rules pertaining to workshops will apply to both parties (See Rules 5.2. and 5.3)*
- 5.5.4** *A workshop open to all classes and organised by An Coimisiún, or by one of its subsidiary bodies, is exempt from this Rule.*
- 5.5.5** *Where a child has transferred from the class of the adjudicator and been subject to the six month suspension period, he/she is exempt from this ruling as, in the interest of natural justice, a child may not be subject to two separate rules running consecutively.*
- 5.5.6** *Only An Coimisiún, or one of its constituent bodies, e.g. a Regional Council, a Region of the IDTANA, AIDA TIDANZ, or another regional organisation approved by An Coimisiún, may formally designate a workshop as an “Open Workshop”, and grant an exemption to the person conducting the workshop.*
- 5.5.7** *Exemptions from the Workshop Rules are reserved for workshops formally designated “Open Workshops” as defined in 5.5.4 and 5.5.6 above. Workshops/dance camps organised on a commercial/leisure basis may not be regarded as “Open Workshops”, and are excluded from any such exemption.*

5.8 Adjudicators re-registering

“A person, who is a qualified ADCRG with An Coimisiun, but who fails to register with An Coimisiun for a period of 3 consecutive years, will, following subsequent application for re-registration, be subject to the restrictions referred to in Rule 5.6, as well as all Oireachtais and Major Championships as defined by An Coimisiun. (Passed Dec 2011)

Revised September 12th 2016